



ST. DOMINIC'S COLLEGE, KANJIRAPALLY

AFFILIATED TO MAHATMA GANDHI UNIVERSITY KOTTAYAM

RE-ACCREDITED WITH A GRADE BY NAAC

ABSORB & RADIATE



Report of report for each extension and outreach program with photographs

2017 - 2018



World Environment Day Celebration - NSS

Ten NSS volunteers participated in the seminar organized at ParathodePanchayatComplex, as part of The world Environment Day Celebration on 5th June,2017 and actively participated in the distribution of Tree Saplings to the households in Parathode Panchayath.

Number of Participants: 100

Benefits: improve your quality of environment and help combat climate change



International Yoga Day - NSS

NSS volunteers of the unit gave a training session to the students and staff of the college on 21st June under the guidance of the Programme Officer Mary Pitunia C Mathew. It refreshed the minds of the participants and helped to understand, how to attain a fit body and makes a person enough flexible through practicing Yoga.

Number of Participants: 500

Beneficiaries: 500 students and their families



Vid Bharath Season I

Vid Bharath is a quiz Competition organized by the Department of History, St Dominic's

College Kanjirapally, in connection with India's Independence Day celebrations.

The first season

of the programme was held in August 2017 and it was a great success.

The Objectives of Vid Bharath

1. To create awareness and aptitude in the minds of young students regarding the freedom movement of India.
2. To develop the spirit of nationalism in young minds.
3. To enable students develop scientific approach to history.
4. To help the students of history develop initiative and innovation.
5. To make the students confident.
6. To help the students develop their personality and organizational abilities.

School Level

The school level quiz competition is conducted in ten UP schools on 2 nd August, 2017. Any number of teams, each with two students from UP classes can participate. There will be a written elimination round and a final round for which only four teams will be selected. A team of four or five students of the Department of History, St Dominic's College Kanjirapally will conduct the Quiz in the school level. The school may provide a computer, an LCD Projector and the cessary stage arrangements. Winners of first, second and third positions from each school will be awarded medals by the College. Final level of the quiz conducted at St Dominic's College on 7 th August, 2017. First prize winners in the school level competitions participated in the final level.

Participating Schools

1. St Thomas HSS Erumely
2. St Mary's HS Umikkuppa
3. St James UPS Kannimala
4. Kollamula UPS Kollamula
5. St Mary's UPS Elikkulam
6. Govt UPS Elampally
7. St Thomas UPS Kanamala
8. Gracy Memorial HS, Parathodu (UPS)
9. Govt HSS Edakkunnam (UP Section)
10. SGM UPS Olayanad

Jaivam 2017 - Seven Day Special Camp focussed on Organic Farming - NSS

The special camp Jaivam- 2017 was conducted, as directed by the M G University, from 31st August 2017 to 6th September 2017.

The NSS volunteers visited all the houses in the ParathodePanchayat and gave awareness on organic farming.the goal of the camp is to create awareness among

the natives of Kottayam about the significance of 'Jaiva Jeevanam' and thereby leading them to 'Haritha Saaksharatha' under the title 'Jaivam'. This is a giant leap taken by the Mahatma Gandhi University by communicating a great vision to the NSS units under it.

No. of Participants: 100

Beneficiaries: Residents of Parathode Panchayath



Workshop on Soap Making - NSS

The NSS unit organized a one day workshop on soap making in association with the Women Cell of the college. This workshop aimed at imparting a useful and

practical skill whereby they can be self-employed and can generate income for their family.

Number of participants: 60

Beneficiaries: NSS volunteers, students, staff and mothers of students

Training in Soap Making - NSS



Walkathon - NSS

NSS volunteers organized a walkathon on 28th September, in association with Mary Queen's Hospital 26th mile, Kanjirapally, as part of the World Heart Day to spread the awareness on the role of a healthy heart for a healthy life.

Total Number of participants: 100

Beneficiaries: General Public

Walkathon



Gandhi Jayanti - NSS

On 2nd October 2017 the NSS volunteers cleaned the campus, the Bus Shelter and the nearby roads as part of Swachhatha Campaign.

Total Number of participant: 100

Beneficiaries: The College and the outside community

Gandhi Jayanti Celebration - 2nd October 2017





Bio-farming - NSS

The NSS unit started vegetable cultivation in the land provided by the college with an aim to Understand organic agriculture production practices, principles and its benefits. After preparing the land, the volunteers planted the saplings of bitter gourd, brinjal, cucumber, green beans, green chilly, ivy gourd and lady finger saplings.

Jaivam – Organic Farming in the Campus



Run For Unity - NSS

The NSS unit conducted an awareness Rally, 'Run for Unity' on 31st October 2017, The event is held every year to commemorate the birth anniversary of Sardar Vallabhai Patel, as part of the national campaign. The Day is also known as National Unity Day or Rashtriya Ekta Divas. The run was flagged off from the College premises staff, students and NSS volunteers participated.

Total Number of participants: 110

Beneficiaries: College students and General Public

Run For Unity





Children's Day Celebration – Flash Mob on Childrens Rights - NSS

The NSS Volunteers of the unit performed a flash mob at Mini Civil Station, Kanjirapally on 15th November 2017, to make the public aware about the rights of children. It was organized in association with the Kerala State Child Welfare Commission and District Child Line Unit.

No. of participants: 40

Beneficiaries: General Public

Flash Mob on Children's Day



Camp on Bio-farming - NSS

Four NSS volunteers of this college attended the three day camp organized by the Kerala Biofarming Committee from 15th to 17th December 2017 at Thirunakkara John C Nagar, Kottayam.

The college was awarded a certificate of appreciation for effective attempts for environment protection.

No. of Participants: 4

Biofarming &Receiving of Jaivakalalaya Award



Three Day Camp - NSS

The mini camp for first year NSS Volunteers was organized from 22nd to 24th December 2017 in the college. It was inaugurated by the Principal of the College.

A lecture on the importance of 'Yoga and Ayurveda' was made by Hon. Director, Suhodaya Ayurveda Hospital, Kanjirapally.

Prof. Bino P Jose led a class on Swami Vivekananda on 23rd December Afternoon

No. of participants: 100



Inter departmental poster competition - Population Education Club

Theme: “World as one Family”- 11/07/2017

No. of participants: 40



Poster Exhibition in SDC campus - 12/07/2017



One Book One Pen Campaign - Population Education Club

318 Books ,339 Pens,55 pencils & other stationary items collected from St. Dominics College communityon 14/08/2017 and they were distributedon 16/08/2017.

Financial Aid for Palliative Care - Population Education Club

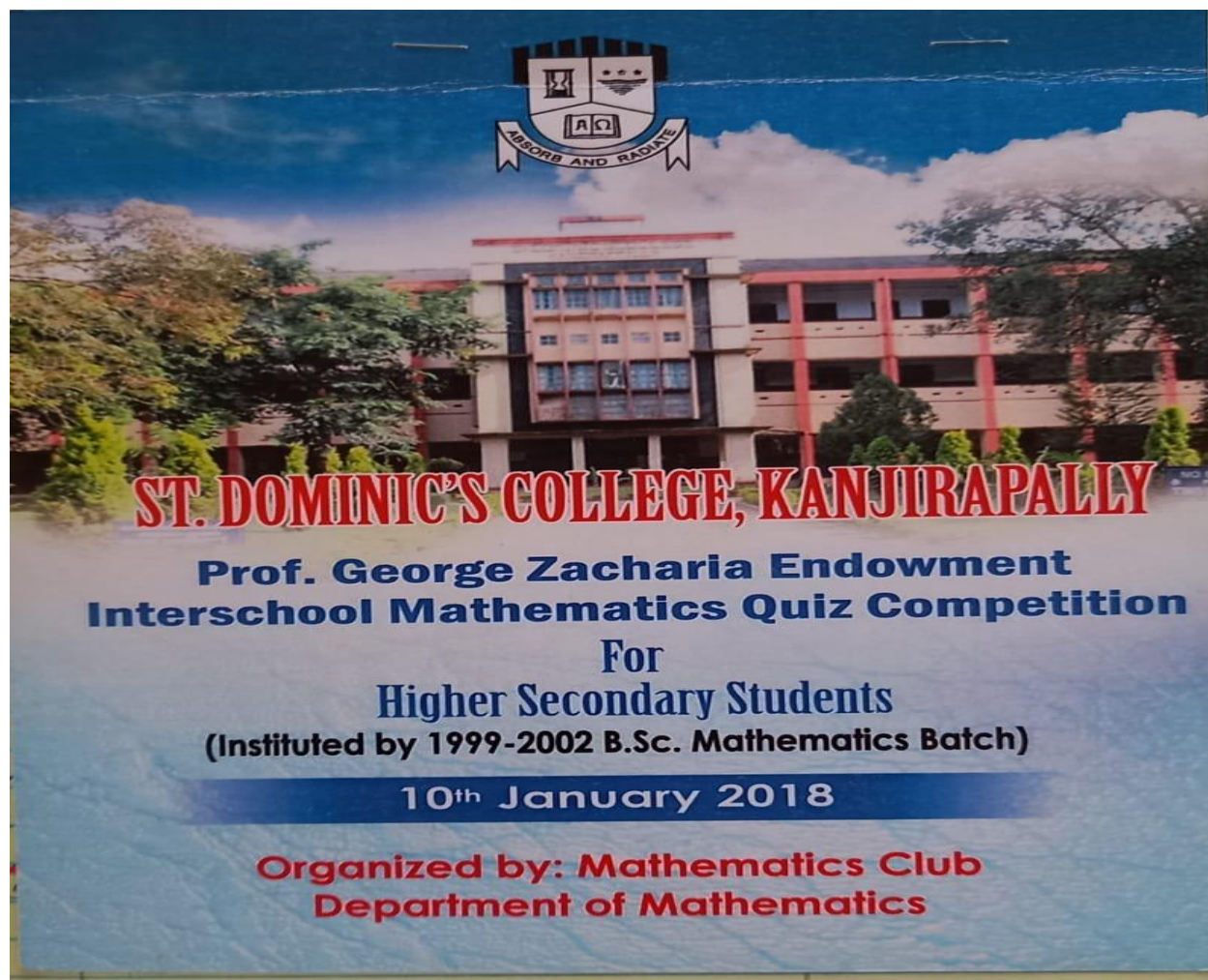
Rupees 10000/- provided to AKM Palliative care, Pazhaidom for palliative patients careAmount given through Beena Joby, Standing Committee Chairperson, Health & Education, Kanjirapally Grama Panchayat - 30/11/2017.

Republic Day Celebration 26 - January 2018

The National Flag was hoisted by the Principal, Rev.Dr.James Philip.Volunteers cleaned the campus premises.

No. of Participants: 100

Prof. George Zacharia Endowment Inter school Mathematics Quiz Competition For Higher Secondary Students – 10/01/2018



Training at ETI

The Programme Officer Ms. Mary Pitunia C Mathew attended orientation programme at ETI, Kalamassery from 7th to 13th February, 2018.

No. of Participants: 1

Butterfly Garden

The work began on 24th February 2018. About sixty NSS volunteers participated in the making and planting of various flowering plants.

No. of Participants: 100

Eye Check up Camp

The NSS unit,organised a free eye check-up camp for the public especially the people suffering from Cataract. The eye camp organized in association with Lions Club of Kanjirapally and Little Flower Hospital, Angamaly.

NSS volunteers volunteered at the camp and helped the medical staff to conduct the screening. The check-up was done by the optometrist and medical team. In the camp, people were examined for common eye problems, near and far vision. Around 200 people were screened on 25th February 2018.

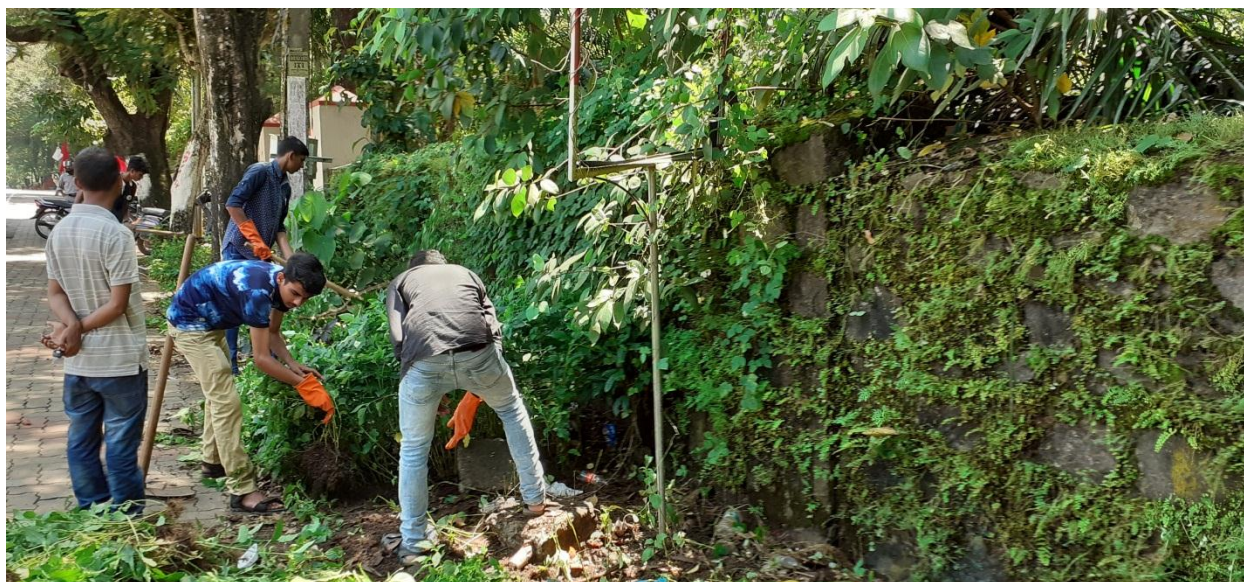
The eye screenings also helped24 needy people to get better vision through free cataract surgeries at Little Flower Hospital Angamali.

No. of Participants: 100

Beneficiaries: 200 people from five nearby panchayaths.

Republic Day Celebration





Grove Making

The NSS unit organized a programme for grove making on 3rd March. The Principal, Rev.Dr.James inaugurated the Programme by planting a sapling. Large number of different saplings was planted.

No. of Participants: 100

Medicinal Plant Cultivation

For large scale production of medicinal plants, NSS Volunteers planted medicinal plants on 17th March 2018.

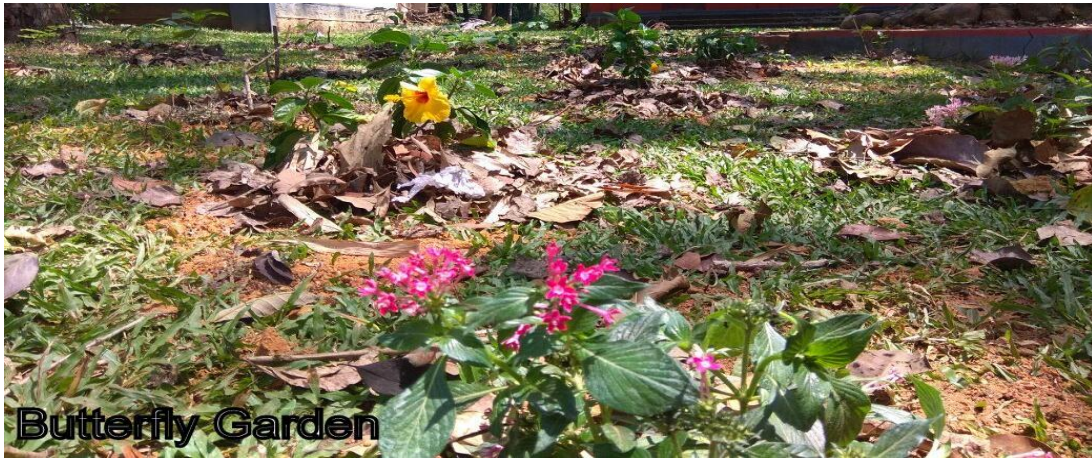
No. of Participants: 120

Mushroom Cultivation Training Programme

A training Programme on Mushroom Cultivation was conducted for the NSS volunteers of the unit on 24th March 2018. Mr.Vinu N Das, CEO, MRDO, Chengannur led a class on 'Mushroom Cultivation and its advantages' and demonstrated the process of cultivation.

No. of Participants: 130

Butterfly Garden



Eye Check up Camp



Inauguration of Green Grove





Medicinal Plant Cultivation



Mushroom Cultivation Training



Awareness Campaign - Swatchh Bharat Abhiyaan

The NSS volunteers of the unit visited the houses in the colony at Mannidamkuzhy in the Kanjirapally Panchayat on 16th June 2018. They asked them not to throw away or burn the plastic waste.

No. of Participants: 100

International Yoga Day

NSS volunteers of the unit gave a training session to the students and staff of the college on 21st June, 2018 under the guidance of the Programme Officer Mary Pitunia C Mathew. It refreshed the minds of the participants and helped to understand, how to attain a fit body and makes a person enough flexible through practicing Yoga. They also pledged to become the ambassadors of Yoga

Number of Participants: 450

Training -Swachh Bharat Abhiyan

On 08-08-2018, the Programme officers and fourteen NSS volunteers participated in the training given by Ms.Padmavati, Resorce person, Suchitwa Mission at ParathodeGramaPanchayat Complex.

No. of Participants: 150

Independence Day Celebration

National flag was hoisted by the College Principal, Rev.Dr.James Philip on the Indian Independence day Various competitions were held for the volunteers after the flag hoisting ceremony.

No. of Participants: 90

Awareness Campaign Swachh Bharat Abhiyaan



Quiz on Reading Day



International Yoga Day-2018



Training by Ms.Padmavati,SuchitwaMission,Kottayam



Independence Day 2018



Awareness Campaign -Swachh Bharat Abhiyaan

As part of Swachh Bharat Abhiyaan, the NS volunteers visited houses in the 6th ward of ParathodeGramaPanchayt and distributed notice on 22nd September 2018.

Participants: 150

Vid Bharath Season II

Vid Bharath is a quiz Competition organized by the Department of History, St Dominic's College Kanjirapally, in connection with India's Independence Day celebrations. The first season of the programme was held in August 2017 and it was a great success.

Cleaning Campaign -Swachh Bharat Abhiyaan and Swatccatha Hi Seava Pledge

As part of Swachh Bharat Abhiyaan, the NSS volunteers cleaned the bus waiting shed and surroundings and collected plastic wastes in the 15th ward of the ParathodeGramaPanchayat. The whole college took the Swatccatha Hi Seava pledge on 27-09-2019.

Participants in cleaning Campaign: 150

Participants in Pledge: 1400

Mushroom Cultivation Training

The NSS unit organized a Mushroom Cultivation training for the students of the college and the public on 13th October 2018.

No. of Participants: 75

Grove Making

More saplings were planted for making grove in the land provided by the college on 24th October 2018. The programme was inaugurated by Dr. Jojo George, the head of the Department of Botany.

No of participants: 200

Blood Donation Camp

A blood donation camp was organized by the NSS unit of St. Dominic's College, Kanjirapally on 19th November 2018 in association with the Swaruma Charitable Society, Kanjirapally. About thirty five students donated blood to the General Hospital, Kottayam.

Participants: 35

Awareness Campaign -Swachh Bharat Abhiyaan





Cleaning Campaign -Swachh Bharat Abhiyaan



Swachhhi Seva Pledge 27-09-2018



Training on Mushroom Cultivation on 13-10-2018



Groove Making



Blood Donation Camp 19-11-2018



Shasthrajalakam 2018

The program is conducted from **30/11/2018 to 2/12/2018** under the coordination of Physics Department of St. Dominic's College, Kanjirappally with the technical and financial support from General Education Department and State Institute of Educational Technology (SIET), Government of Kerala.



NSS Seven Day Special Camp – Campus to Community

The special camp was conducted from 21-12-2018 to 27-12-2018 at St.dominic's College, Kanjirapally.

The main theme of the camp was cleaning of rivers in the adopted village and awareness about the waste management.

The camp was inaugurated by the president of the Parathode Grama Panchayat.

Participants: 100

Waste Management Awareness Seminar

As part of **Unnat Bharat Abhiyan**, NSS unit of the College organized a seminar on Waste Management at Edakunnam.

Cleaning of Chittar River

The NSS volunteers of the unit participated in the cleaning of the tributary rivulet of Chittar flowing through Parathode Panchayat at Edakunnam on 15th December 2018.

Cleaning of River - Chittar



Special Camp 2018





21-12-2018



22-12-2018



PunyamPoonkavanam 23-12-2018



Class on 23-12-2018



Cleaning of Chittar River 24-12-2018



24-12-2018



Christmas Celebration at Bethlehem Bhavan(Assylum for mentally challenged men), Kanjirapally 25-12-2018



Cleaning the premises of Kanjirapally Police Station 26-12-2018



Cleaning the premises of Govt. School Kanjirapally 27-12-2018



Awareness Programme on Household Waste Management 29-12-2018



Visit to a Mental Asylum - Population Education Club

11/12/2018 - Students with their teachers visited Bethlahem Bhavan ,Kanjirapally ,a Psychosocial centre for mentally ill men. Interaction, provided entertainment & donation of Rupees 5000/- made the inhabitants feel that we are with them.